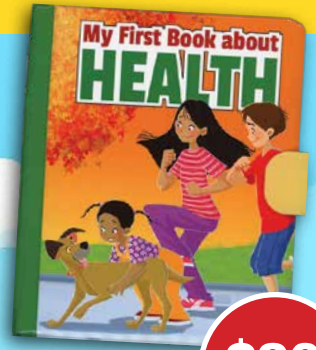


Living Well RESOURCES

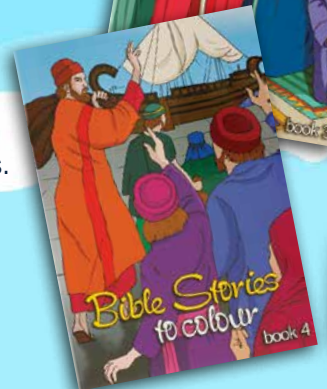
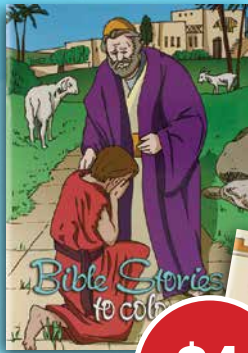
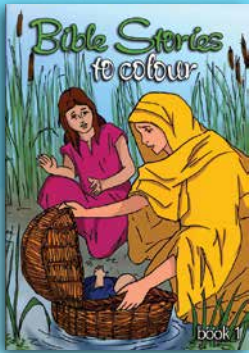
My First Book about Health

This book sets out the necessary elements for enjoying good health and happiness from childhood in a language that's accessible to children.

It teaches children the importance of a balanced diet, water, sun, air, exercise and enough rest. Item #1383514



\$20



\$85
set of 5
volumes



Bible Stories to Colour

Line drawings to colour that illustrate stories from both the Old and New Testaments with accompanying Bible texts.

Book 1 Item #0229644

Book 2 Item #0229654

Book 3 Item #0229664

Book 4 Item #0229674

Jean's Story

As grandparents, my husband and I were searching for ways we could input into the spiritual lives of our three grandchildren, aged between 3 to 5 years. We checked out some of the Bible story books in the Christian bookshops but were not satisfied with what we were seeing. The illustrations were sometimes misleading or over-garish and the content sometimes lacking in depth or not age appropriate.

We are delighted to say an invitation came for us to look through the 'My Bible Friends' series. Immediately we could see that here was potential for our grandchildren to enjoy and be engaged in learning the scriptures through the bible stories, stretching across both the Old and New Testaments.

Our son and daughter-in-law write: "Our son, aged three and a half, really enjoys the stories from the 'My Bible Friends' series. We read a few pages each night as part of our bedtime routine and he looks forward to seeing how the stories unfold. The stories are perfect for his age—and the illustrations as well."

My Bible Friends Two 5Vol Sets

In this full-colour illustrated set of books, 20 stories are chosen from the Bible to demonstrate character-building lessons for your child.

Books 1-5 Item #1381700

Books 6-10 Item #1381800

Matching CDs are also available.

CD1 (1-5) Item #1381790 price \$11

CD2 (1-5) Item #1381820 price \$11



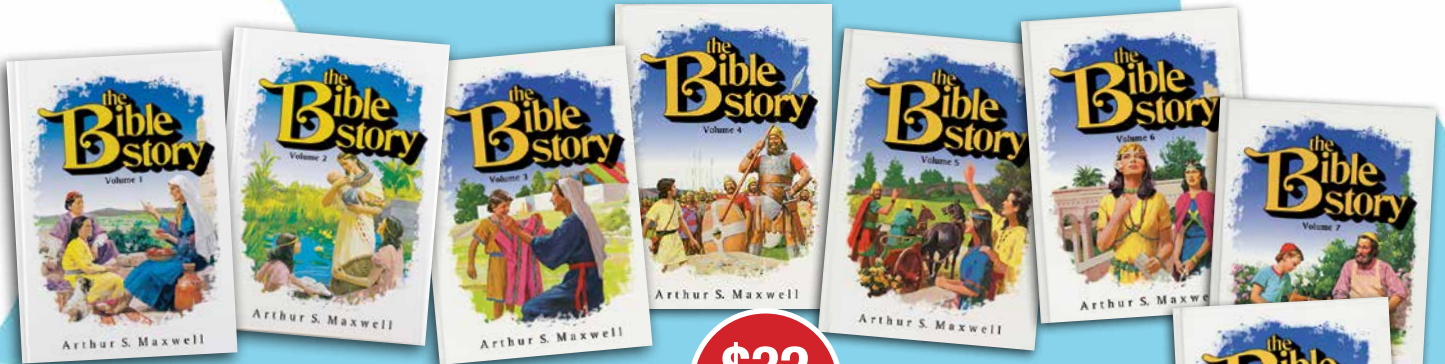
www.livingwellresources.tv

Tiny Tots Library 3-Volume Set

An early-reader set of classic books that have captivated generations of children with wonderfully coloured artwork throughout the book.

Item #2047890

Tiny Tots CD Library Item #2047990



The Bible Story Collect all 10

Make the Bible come alive while you read a living history lesson that brings characters to life. Learn from the past and apply the principles to today. These hardcover books intrigue and fascinate children and adults alike. 10 Volumes, 409 Bible stories, more than 200 pages per volume with illustrations on every page. *The Bible Story* covers stories from Genesis to Revelation. Purchase the complete set of 10 volumes for \$295 and save! Items #0339510 - #0339600



Great Stories for Kids Collect all 5

More than 130 exciting adventure stories in five books that will teach family values to your children. These are stories that educate children to be good citizens. Topics include playing computer games, prayer, sickness, drugs, privacy, family relationships, making good choices, teasing, dares, attending church, creativity, boasting, kindness to animals, prejudice, boundaries, fear of the dark, AIDS, self-esteem, and many more! Purchase the complete set of five volumes for \$100 and save! Items #0789310 - #0789350

Carolin's Story

"I absolutely love the moose books, they are very engaging, fun to read and a great introduction to Bible stories for children who may not have even heard one before! The rhyming is extremely engaging and I find that they can't wait to turn the next page! I highly recommend these books to any families with young children."

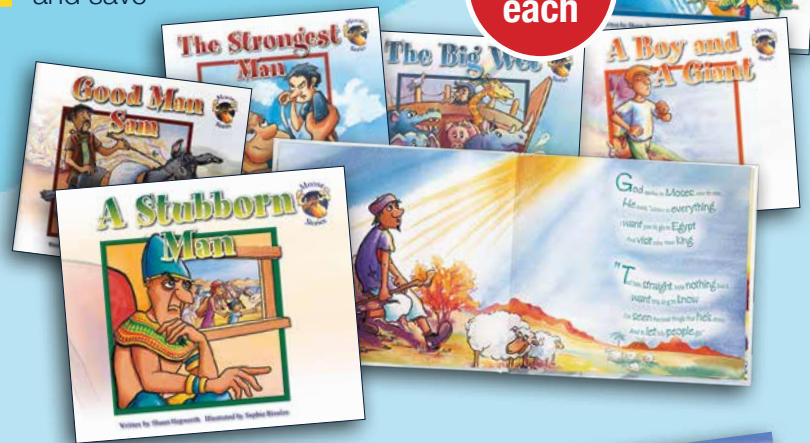


Moose Stories Collect all 12

The "Moose Stories" series takes a fresh look at some of the best stories ever told. Written in playful rhyme and delightfully illustrated, children of all ages will easily remember them. Purchase the whole set for \$150 and save



\$15 each



- Good Man Sam Item #0766930 (kindness)
- Boomerang Boy Item #0766940 (forgiveness)
- A Stubborn Man Item #0766950 (patience)
- Wet and Wild Item #0766960 (obedience)
- A Boy and a Giant Item #0766970 (bravery)
- The Lion Tamer Item #0766980 (trust)
- The Maker's Promise Item #0766990 (purpose)
- Set in Stone Item #0767000 (guidance)
- The Big Wet Item #767010 (truth)
- The Good King Item #0767020 (goodness)
- Hide and Seek Item #0767030 (loyalty)
- The Strongest Man Item #0767040 (judgement)

Fruit of the Spirit

Galatians 5:22,23 has been memorized by children through the ages. Learn how the Holy Spirit wants to place love joy, and peace in our lives so we can grow to be just like Jesus. Teaching Tips are included to help explain the importance of developing a Christlike character. Item #0670512



\$30

When I Look at You

Sometimes we need a little help managing our feelings. This beautifully illustrated book teaches children what feelings look and feel like, and gives them the vocabulary to talk about what's going on inside. Item #2331254



\$10



\$14

The Story Book

Selected character building stories from Uncle Arthur's five-volume set of Bedtime Stories. Item #1959363

Sammy and His Friends Two 4-Volume Sets

There's excitement, wonder, drama and education wrapped up in these eight *Sammy* books! Each book gives loving instruction about a positive lifestyle. Teach your child about healthy eating, keeping clean, washing hands before meals, cleaning teeth, the importance of sleep, and more.

Volume 1-4 Set #1913900
Volume 5-8 Set #1913990



\$50
each
(4 Vol set)



Resel's Story

"They are really not like fantasy books; the children love them because it is like a doctor talking to them about what is good for their health."

STORIES FOR KIDS



\$34

Heaven Is for Kids CD

A fantastic set of two musical CDs for a sing-along! 23 songs presented by the famous Heritage Singers, including: "Jesus Makes Every-thing Good", "He Loves All the Boys and Girls", "Jewels for Jesus", "When God Has Another Plan", "Healthy, Wealthy and Wise", "Simply Havin' Family Fun" and many more! Item #CD70512



\$16

My First Handy Bible

This bright-coloured Bible is perfect for children to hold by the handle and clip shut. 61 pages of beautiful Bible stories to enthrall the little ones. Cardboard pages for strength. Item #1383544



\$80
set

Forever Stories 5-Volumes Set

A beautiful set of hardcover books written for preschool listeners and early primary-school readers. Details accurate biblical scenes from the plan of salvation. Item #0646003



May I Hold Him? 1000-piece Puzzle

A beautiful 1000-piece puzzle that will be a favourite family activity for all those involved. Item #1678972

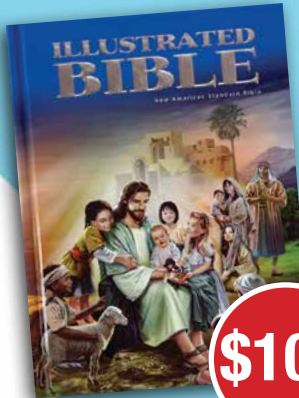
\$25

Eden Morning 1000-piece Puzzle

Putting this beautiful inspirational 1000-piece puzzle together will bring hours of enjoyment, reminding you of what our God created us to be. Item #1679003



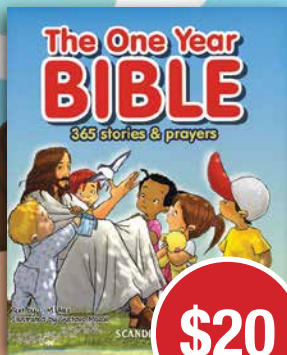
\$25



\$100

Illustrated Bible (Children's) ASV

The *Illustrated Bible* is a good way to bring kids, as well as adults, to a personal encounter with Jesus. It is a complete edition of the Holy Scriptures with more than 500 beautiful images that facilitate the assimilation of the great lessons of the Word of God. Item # 0315824



\$20

The One Year Bible

365 stories and prayers to help children get closer to God one day at a time. The simple language and great illustrations will help children fall in love with the Bible and establish a habit of reading and praying. Item #1522984

GET BUSY!



\$10

Healthy Inside Out

Fun skits designed to help children learn the importance of eating healthy food, drinking water, sleep and passing on your faith. Suggested props and interesting characters make each skit easy to prepare and fun to perform for children aged 5-9. Item #0831002

Ready Set Find: Meet Jesus

When kids open the pages of this fun-filled titles they will instantly try to seek out the all hidden objects, that are waiting to be found on each spread. Illustrated by the skillful artist, Sandrine L'amour, this series with gorgeous visuals encourage kids to look, point and learn new words. So, on your mark, Ready-Set-Find! Item #1804484



\$10



\$25

Everything a Growing Child Should Know

TV doctor James Wright has written a book for children about the facts of life. Written through the words of a kindly grandfather, this book is a must for a growing family. Item #0569500



\$8

Word Power Cards

For use as discussion starters, promise prompts, gift tags or a small note with added meaning. Box contains 30 cards, each with words of encouragement, comfort and inspiration on a variety of topics. Item #2379504



\$30

Play Today Book 5

Designed to provide easy and intermediate arrangements of contemporary worship songs and hymns published in friendly keys and formats. *Play Today* includes guitar chords and scripture resources for worship leaders. Backing CD also available, or the words-only books. Item #1633780 CD for Book 5 #CD00650, \$20 Words-only Song Book #1633720, \$8



Days of Daniel Board Game

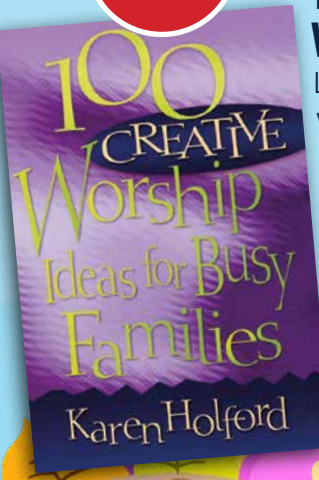


\$50

An exciting, colourful and instructive board game for all the family, following the life, times and visions of Daniel. A fun way to learn more about this important and faithful Bible character and his prophecies. Item #0413804

\$27

100 Creative Worship Ideas



Looking for more family worship ideas? The most important gift we can give our children is the desire to love God, and to follow and serve Him. Simple, practical and easy to use. A heaven-sent blessing to busy families everywhere! Item #3196872

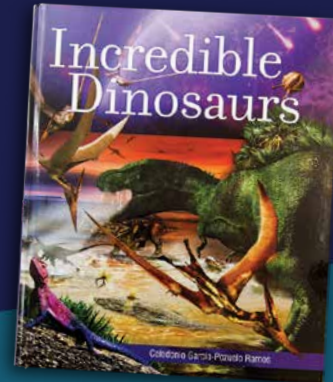




\$20

The Amazing World of Insects

The whole family will enjoy this adventure into the fascinating world of Creation's smaller creatures. Discover the beauty and behaviour of insects, bees, bugs and butterflies, exploring some of the mysteries and glories of Creation and its Designer. Item #0148774



Amazing Nature

A useful tool to understand the amazing facts of nature. The author reveals little-known facts that demonstrate a designing will. The beautiful full colour illustrations and photographs support learning so that children and adults can understand and appreciate nature to a greater extent. Includes short morals for children and experiments to carry out at home. Item #0148764

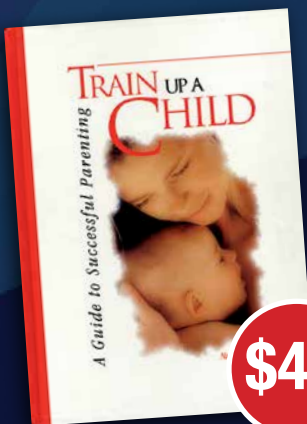
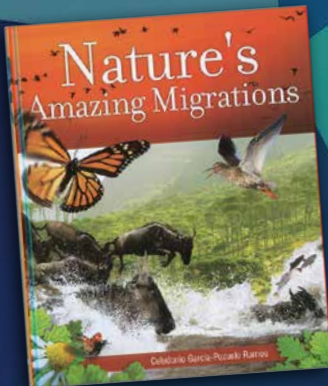


Incredible Dinosaurs

Who has not dreamed of a trip back in time? Fossils, remains of prehistoric living things, carry a message from the past. In *Incredible Dinosaurs* you will find amazing reports brought by these petrified witnesses from the depths of a distant past. As we will not find any other beings besides dinosaurs capable of blowing a person's imagination of any age, they have become the champions of this book. Life designs are shown to us again, surprising and full of lessons, whatever their age, as if time has not passed by. Item #0955104

Nature's Amazing Migrations

Once again nature is our teacher. This book reveals the magnitude of the journeys endured by some animals that inhabit our planet. In them we are able to witness amazing displays of nature. Item #1415004



\$48

Train Up a Child

Family-life educator Nancy Van Pelt shares her secrets to successful parenting and how to communicate so that children listen, right through to teen issues. Proven methods for a happy family. Item #2057300

Discuss





WATCH



Animated Kids Bible DVDs

Collect all 5

Five animated kid's Bible DVDs, from the "Genesis" account of creation, through stories from the entire Bible. The world's first animated Bible in its entirety: challenges, lives and exploits of faith-hero characters from kings to priests and prophets. Buy individually or purchase the set for \$50 and SAVE!

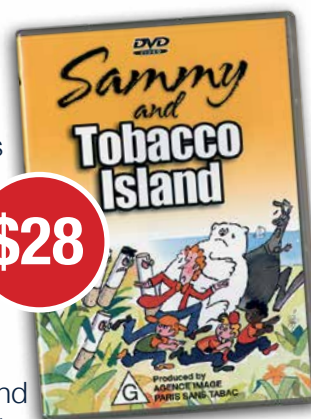
Items #DV01004 -#DV01054



\$15
each

Sammy DVD

This DVD teaches responsible attitudes toward health, the planet, getting along together, cooperating with each other, and the real dangers of cigarettes, alcohol and drugs. It shows what these things actually do to the body. A creative approach that engages the minds of children. Item #DV23241



\$28

Kids 10 Commandments DVDs

Collect all 5

Five animated DVDs for children teaching the 10 principles for life, such as respecting parents, loving God and loving each other. Titles include *Stolen Jewels*, *Stolen Hearts*, *Toying With the Truth*, *The Rest Is Yet to Come*, *The Not So Golden Calf*, *A Life and Seth Situation*.

Purchase the set for \$135 and SAVE!

Items #DV08004 - #DV08044



\$28
each

NEST Family Entertainment DVDs

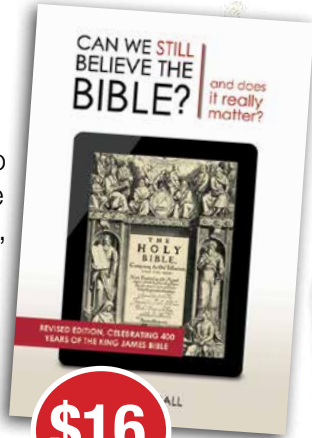
NEST Family Entertainment presents a series of animated Bible-based classics, together with themes and sing-a-long activities for your children. Directed by Richard Rich, former Walt Disney productions director. Just a few of the many titles include *Abraham and Isaac*, *Bread from Heaven*, *Daniel*, *The Lord's Prayer*, *He is Risen*, *The Prodigal Son*, *David and Goliath* and many more! Buy DVDs individually or save when you purchase the 31-DVD set. Items #DV02903 - #DV03203



\$25
each

Can we Still Believe the Bible?

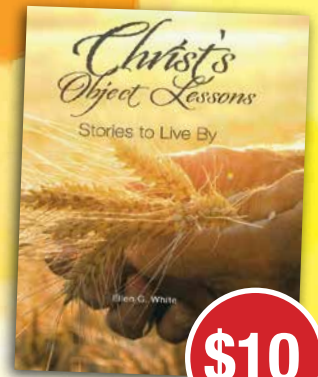
More than 400 years ago, countless people risked their lives for the Bible, culminating in the "King James Version" of 1611. Was their sacrifice worth it? Does it matter to us today? Delving into the study of history, language, cultures, archaeology, prophecy and the world today, you will go on a journey through the strongest evidence available to answer these questions. Item #0303510



\$16

Christ's Object Lessons

Have you ever had difficulty understanding the parables found in the Bible? This beautiful volume both explains and makes them relevant to today. Item #0326342



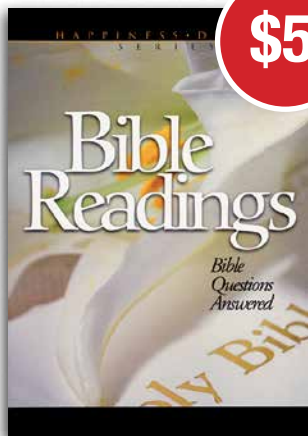
\$10

The Ministry of Healing

Insightful overview of true health in one volume. Priceless chapters on the relation between teaching and healing, mind cure and what constitutes a true knowledge of God and health. Item #1354052



\$4

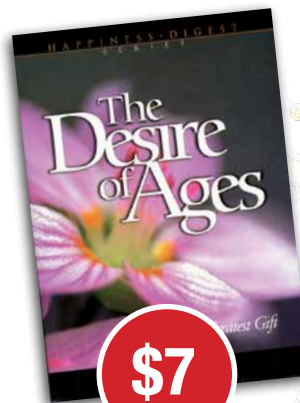


\$5

Bible Readings

Bible questions answered. Four thousand questions about Bible topics are all answered with Scripture texts. Item #0227152

Sharing



\$7

The Desire of Ages

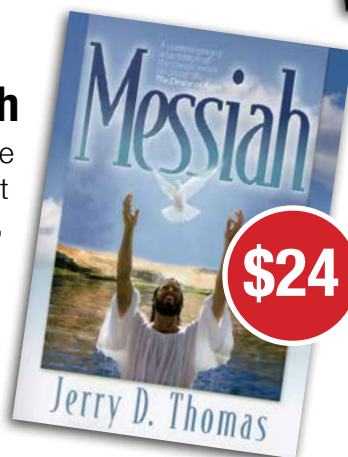
Traces the life and times of Jesus Christ from Bethlehem to the cross. Uplifting, informative and devotional. Item #0425052

\$20



Messiah

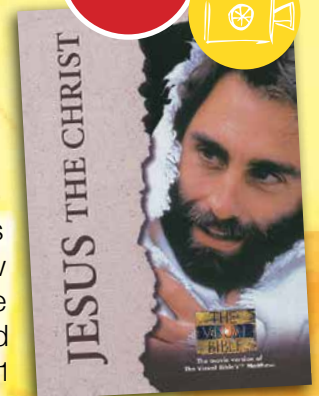
Insight into the life and mission of Christ and His teachings, specially for teenagers and young adults. Paperback edition. Item #1348782



\$24

Jesus the Christ DVD

It was a time of parables and miracles, of divine love and deep compassion. Through the accounts of the Apostle Matthew, we follow Jesus and bear witness to the world-changing events of His life and teachings. Item #DV00001





\$18

Finding David

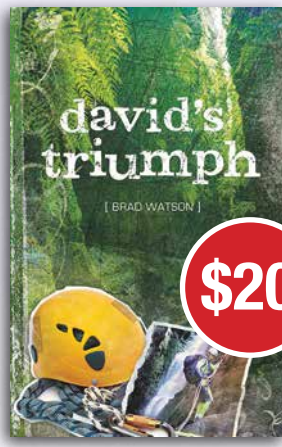
An Australian story for teens about youth issues and good choices. Item #0609950



\$20

David's Revenge

David seeks something better than revenge in a story of friendship and perseverance. Item #0411530



\$20

David's Triumph

David comes face-to-face with life's biggest challenges and quickly learns that real success and happiness don't always come easy. Item #0411540



\$20

Heaven Sent

Heaven's life seems perfect. She has good grades, popularity, a rich family and the perfect boyfriend. This is a beautifully written story about how the consequences of one choice can change a life forever. Item #0834020

TEEN READS



\$29

Survivors of the Dark Rebellion

For aeons, the angels had rejoiced to sing God's praises under the direction of their glorious leader. Then Lucifer changed. So began the real star wars—the great conflict between good and evil. Item #1978803



\$29

War of the Invisibles

Have you ever wished you could see through the eyes of an angel? Now you can. Mark, a watcher, has carefully recorded the experience of certain teenagers who lived in exciting times in history. Item #2302203



\$29

Champions of the King

Jesus' worst enemy is about to become His best friend, and history will flow in a new channel. As Saul the Slayer becomes Paul the apostle, you are there, watching him and his friends—Peter, Barnabas, Silas, Luke, John—turn the world upside down. Item #3097093



\$29

Victory of the Warrior King

The greatest story ever told is here recounted through the eyes of a shepherd boy, a centurion's daughter, the boy who shared his lunch and many others. Will the religious leaders accept Jesus as their Messiah? Or will they reject His message and turn Him over to the Romans? Item #2220203

Steps to Christ

One of the all-time best sellers on the Christian faith as it centres on Jesus Christ. Youth edition. Item #1955003



\$2

This book covers everything! Questions-you-were-too-afraid-to-ask are answered in a user-friendly but realistic style specially designed for teen girls when they need the right kind of help and advice. Item #2240610

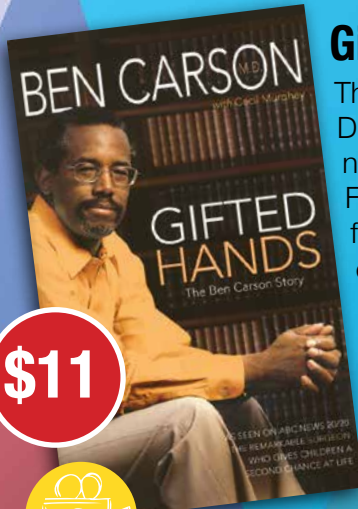
Teen Girl



\$48

Gifted Hands

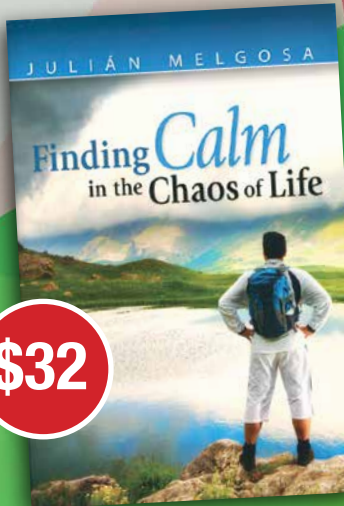
The amazing true story of Dr Ben Carson, famous neurosurgeon. Find out how love, faith and hard work overcame seemingly impossible odds. Also available on DVD for \$20. Item #0712533 DVD #DV56566



\$11



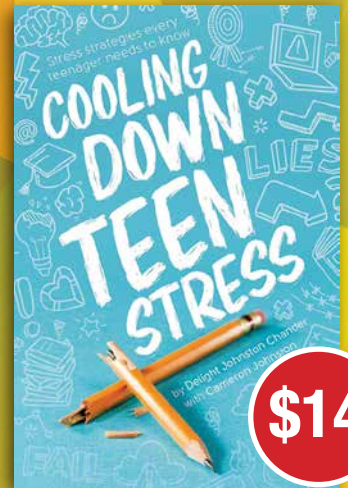
TEEN DEVELOPMENT



\$32

Finding Calm in Chaos of Life

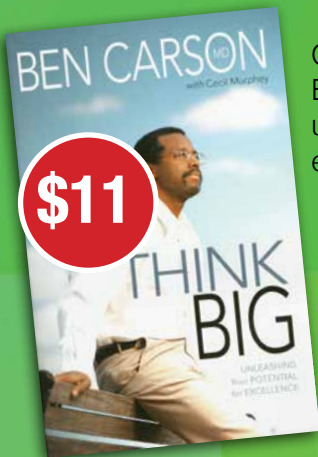
A growing body of scientific evidence indicates that faith, prayer, hope, forgiveness, and trust are beneficial to our physical and emotional health. The author uses biblical examples and personal illustrations to demonstrate how essential it is that we partner with Christ in dealing with real life experiences. Item #0609942



\$14

Cooling Down Teen Stress

Teen author provides vital help for life-and-death teen challenges, such as dating, fear, jobs, grades, suicide, drugs and grief. Item #1929810



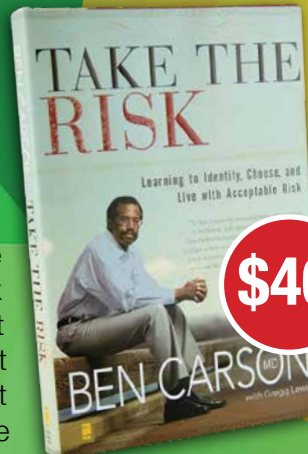
\$11

Think Big

Continuing the story with Ben Carson. Think big—and unleash your potential for excellence. Item #2029033

Take the Risk

Ben Carson writes on the nature and form that risk takes in our world. You won't just be more willing to accept risk, you'll want to embrace it as something that can make your life better and more fulfilling. Item #2001063



\$40



Simple, Tasty, Good

Plant-based recipes for top taste and vital health. Great-tasting, locally produced recipes using everyday ingredients your family will love and that can turn your health around.
Item #1934310

\$32

Fun with Kids in the Kitchen Cookbook

A fantastic way for mums and dads to have quality time with the kids. Teach them how to put on a party—the food, the games and everything. Interesting learning and activities—they don't just learn cooking, they learn health.
Item #0675103



\$26

Cook:30

From the creator of the *Revive Cafe Cookbook* series, a companion book to the new “Cook:30” television series. *Cook:30* is all about cooking a healthy meal from scratch in 30 minutes using plant-based whole foods, including 26 delicious meals inspired from Auckland's Revive Cafes. You can find the “Cook:30” television series on YouTube.
Item #0352420



\$35 each

Cook:30.2

This is the second book in the series. With 24 chapters including a timing chart for multi-tasking. Prepare a multi-dish meal like a chef, cook tasty, nutritious family meals in no time. Containing over 100 recipes and over 400 preparation photographs to show you how it is done.
Item #0352430



\$30 each

The Revive Cafe Cookbooks

Step-by-step cooking guides with recipes in full colour.

The Revive Cafe Cookbook Item #1822294 curries, smoothies, salads, stir fries and fritters.

The Revive Cafe Cookbook 2 Item #1822304 81 recipes including frittatas, soups, lasagnes, dips and breakfasts!

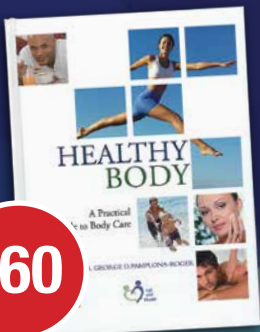
The Revive Cafe Cookbook 3 Item #1822404 75+ recipes stuffed veges, dressings, wraps, noodles and pizzas.

The Revive Cafe Cookbook 4 Item #1822504 78 recipes, 10 dressings, 3 step-by-step cooking guides and more.

The Revive Cafe Cookbook 5 Item #1822514 76 all new recipes, 5 step-by-step guides.

The Revive Cafe Cookbook 6 Item #1822524 80 all new recipes, flavour boosters, 41 dessert and healthy baking.

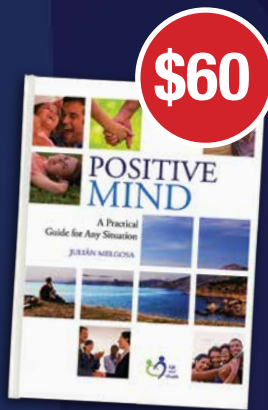
The Revive Cafe Cookbook 7 Item #1822534 81 all new recipes, 13 vegan cheese recipes.



\$60

Healthy body

Dr. Pamplona-Roger offers valuable advice for keeping the body healthy and in shape, based on up-to-date research. A collection of preventive medicine and a proper maintenance manual for the most complex and efficient machine of all. Item #0830994



\$60

Positive Mind

The author, Julian Melgosa, is a widely-known communicator. This unique work gives us the tools to face challenges that we often do not know how to face. A manual that offers analysis and advice for problematic situations that everyone may face sometime during life. Item #0429604

Health and Wellness



\$55

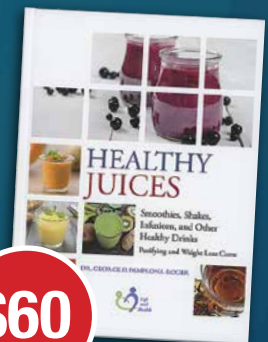
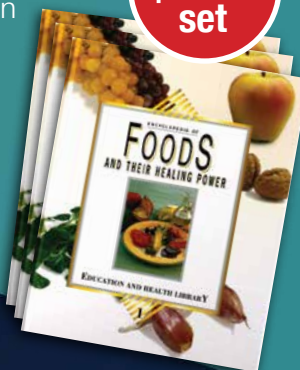
Food as Medicine

Good nutrition – and good health – starts in your kitchen! Your comprehensive introduction to cooking food as medicine in your kitchen. 150 delicious, plant-based recipes, addressing the causes of our most common lifestyle diseases. “Meal ideas that heal” and “Seasonal menu plans” to help you put these recipes into practice. Makeover your kitchen, so it’s easier to cook and live well. Detailed health information that explains the scientific research and health benefits of these recipes. Make better food and lifestyle choices for your best health. Item #0640050

Foods & Their Healing Power 3-Vol Set

A modern and concise encyclopaedia that details the most current research on the science of foods, nutrition, and diet. Three-volumes, over 1264 pages, explains nutrition and diet-therapy, describes around 700 foods and 300 recipes with the practical application of nutrition science in the kitchen. Dr. Pamplona-Roger, details the advantages and disadvantages of all types of foods, providing an in-depth analysis of the composition and preventive and healing value of foods for almost 150 diseases. Item #1211504

\$220 set



\$60

Healthy Juices

In spite of the best monetary resources, millions of people around the world face serious health problems that could be prevented. Discover the healthy power of drinks, with quick, tasty and healthy drink recipes for common diseases. Dr. Pamplona-Roger also includes practical advice on detox cures. Item #0831054



\$150 set

Encyclopedia of Medicinal Plants

A beautifully illustrated two-volume set that has complete, up-to-date research covering botanical, pharmaceutical and chemical properties of plants and their uses. Item #1211304



Live More Active

Live More Active brings together the latest scientific and medical research regarding our inactivity crisis and how to beat it. It also offers inspiration to activate your life for good through a 21-day program to help motivate you. Includes a 35-minute DVD with introduction, workouts and general overview of the benefits of the CHIP program. Item #1251250

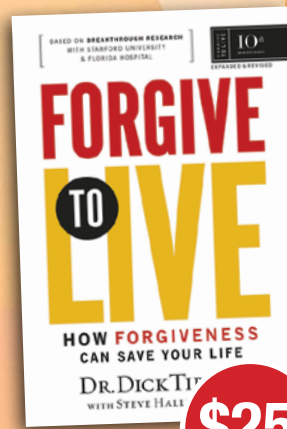
for the adults

\$25



Live More Happy

Join the journey toward living more, feeling better and finding happiness. Item #: 1251260



Forgive to Live

From the legacy of 9/11, to the man or woman that broke your heart, to divorce, to random violence, to the boss that holds you back. In a world riveted by conflict, everyone has a “grievance story” – we’ve all been hurt or rejected by someone who mattered to us. Unfortunately, while most of us have been told to forgive, we’ve never been told how or why to forgive. Item #0644510

Less Stress!

Find out how to identify the stressors in your life—and better still, how to deal with them effectively. Item #1211404



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Do you actually know what you’re addicted to? Games? Gambling? Work? TV? There’s more than drugs that cause problems of addiction. Now there is practical help. Includes DVD. Item #0651024

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A booklet that looks at the basics of happy living—from healthful diet to coping with stress and relationships. Item #0808123

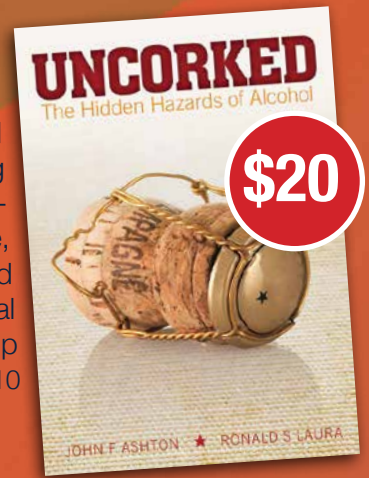
Health and Wellness: Secrets That Will Change Your Life

Simple ways to avoid such chronic killers as cancer, diabetes, heart disease and obesity. Learn how good nutrition heals the body and boosts the mind; how purpose increases resilience; how love and forgiveness mend the heart! Item #0830912



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Look beyond the myths about alcohol, and learn astonishing facts about its effects on the body and society. Explore disturbing links with road and workplace accidents, crime, violence, brain damage and other health impacts, sexual assault and relationship breakdown. Item #3454310



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- more than 300 beautiful works of art
- maps, charts, and historical outlines
- more than 180 pages of study materials to enhance your reading.

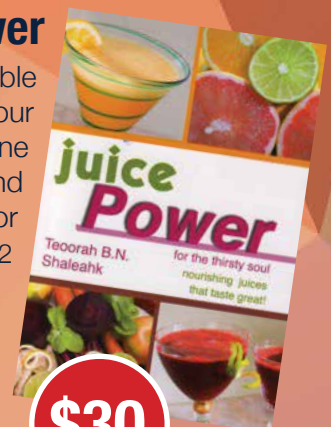
High-quality materials and durable finishing will ensure many years of reading and exploration. Bible measures 22cm x 29cm x 6cm.

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Diabetes

Diabetes is one of the most important diseases in the world. Dr Gelabert's clear, complete, and direct advice provides the best guidance for knowing if you suffer from diabetes and how to prevent it. If you already know you have this disease, you will discover how to control it by the use of the most advanced methods and scientific and natural treatments. Item #1643534